

# MONSTER



## Dash, 5-K9 and Half Marathon

Weston Regional Medical Center • Saturday, October 27

### Schedule

**Costume Judging 8:30 AM -10:00 AM**

**Monster Half Marathon 9:30 AM**

(13.1 miles) - Chip Timed \$40 day of: \$55 Limited to 1200. First 500 to register online get a MD Running Jacket and Monster running hat. Others get a Performance Running Shirt and Monster hat. Prizes awarded to top 3 places.

Open (M/F), Masters (M/F), and Grand Masters (M/F)

**Monster Dash World's Fastest Trick or Treater 9:55 AM**

5K Chip Timed \$30 day of: \$40. Prizes awarded to top 3 places.

Open (M/F), Masters (M/F), and Grand Masters (M/F)

**Monster Dash Fun Run 10:00 AM**

5k Fun Run/Walk Costume Contest \$25 day of: \$35 First 500 get a MD running jacket others a performance long sleeved running shirt. Youth -7-12 \$15 day of: \$25 Youth get a MD t-shirt Children- 6 and under \$10 day of: \$20 Children get a backpack. Prizes awarded for costume contest.

Kids (M/F), Adults (M/F), Groups & Families (4-7), Groups & Corporations (8+)

**Monster 5-K9 10:05 AM**

Monster 5-K9 Dash Fun Run/Walk Costume Contest – Registration for Owner and Pet: \$37 Dog gets a treat and a \$16 Stunt Puppy Collar, Owner gets a unique Human & Dog skeleton\reflective Performance Shirt

Owner/Pet Competition for dog with the longest/shortest hair, Longest/shortest hair, biggest/smallest dog, best/dog costume, etc.

**Food & Costume and Race Awards 11:15 AM**



### Great Gear GIVEAWAY!

- Kids (0-6) get a cool **Monster Dash backpack.**
- **Event jackets** Event Jackets for the first 500 registered online for the Dash and the Half
- **Quick Dry Technical Long Sleeve Shirts** Quick Dry Technical Long Sleeve Shirt for all adults not receiving event jackets

### Monster Dash Entry Form

Shirt size: ● S ● M ● L ● XL ● XXL Youth Shirt Size: ● S ● M ● L

First Name:  Last Name:

Address:

City:  State:  Zip Code:

Employer:

Phone:  Birthdate:  Age on Oct: 27th:

Sex:  Category: ● Adult ● Youth ● Child Dog Name:

Collar Size (in inches): ● Small 12-16 ● Large 14 - 21 Collar Color: ● Orange(LG only) ● Black ● Blue

Email Address:

Signature:

Waiver: I understand that running a road race is potentially dangerous activity. I certify that I have full knowledge of the risks involved in this event and that I am physically fit and sufficiently trained to participate. I do hereby waive and release any and all claims for damages that I may incur as a result of my participation in this event against the organizers, sponsors, promoters, municipalities, volunteers and officials of these organizations.

Mail in deadline: Oct 17 Mail to: Team Ortho 718 Washington Ave N. #2002 Minneapolis, MN 55401

### Pick a race...if you dare!

- **Monster Half Marathon \$40.00**
- **Monster Dash World's Fastest Trick or Treater \$30.00**
- **Monster Dash Fun Run Adult: \$25.00 Youth: \$20.00 - 6 and under: \$10.00**
- **Monster 5-K9 \$37.00**

Register online at **MonsterDash.org** or **TeamOrtho.us**

