



Weston Aquatic Center

5815 Alta Verde Street
Weston, WI 54476
(715) 241-7946



2010 SWIMMING LESSONS

When: There will be two weeks of lessons, (Monday through Friday), with an additional third week for make-up classes in case of bad weather. Classes will run from 10:00–10:50 A.M. Three sessions are available*:

Session 1: June 14th – June 25th
Make-up week: June 28th – July 2nd

Session 2: July 5th – July 16th
Make-up week: July 19th – July 23rd

Session 3: July 26th – August 6th
Make-up week: August 9th – August 13th

Cost: \$15 for residents of the Village of Weston
\$20 for non-residents

Levels Available:

Level 1: For younger children (ages 5 and up), this beginner course is filled with games to help children become comfortable in the water, as well as some very basic water skills.

Level 2: Participants will work on getting acquainted with the water, review water safety rules, and learn basic water skills such as the flutter kick, and back float. Students will also learn beginning techniques for front and back crawl.

Level 3: Participants will work on stroke development in the backstroke and front crawl and will be introduced to the dolphin kick.

Level 4: Participants will learn additional skills such as the pike dive and the breaststroke, as well as work on endurance.

Level 5: Participants will learn the sidestroke and be introduced to the butterfly, as well as working on endurance.

Sign Up Begins: Monday, April 26th, 2010 at 8:00 A.M. for Village of Weston Residents and Monday, May 10th, 2010 at 8:00 A.M. for Non-Residents at the Village Municipal Center, 5500 Schofield Avenue – 715-359-6114.
Sign-up will take place at the Aquatic Center beginning June 5, 2010.

**GREAT SUMMER ACTIVITY!
CALL TODAY! LIMITED ENROLLMENT!**

*The Weston Aquatic Center reserves the right to cancel a session due to low enrollment. In such a case, you would be notified, and given an opportunity to enroll in another session, or receive a refund.